

Murrumbeena Primary School Policy



BULLYING PREVENTION POLICY

PURPOSE

Murrumbeena Primary School is committed to providing a safe and respectful learning environment, where bullying will not be tolerated.

The purpose of this policy is to:

- Explain the definition of bullying so that there is shared understanding amongst all members of the Murrumbeena Primary School community
- Make clear that no form of bullying at Murrumbeena Primary School will be tolerated
- Outline the strategies and programs in place at Murrumbeena Primary School to build a positive school culture and prevent bullying behaviour
- Ask that everyone in our school community be alert to signs and evidence of bullying behaviour, and accept responsibility to report bullying to school staff
- Provide clear examples of signs of bullying, so that the school community can identify and report bullying behaviour to school staff
- Ensure that all reported incidents of bullying are appropriately investigated and addressed
- Ensure that support is provided to students who may be affected by bullying behaviour (including targets, bystanders and students engaging in bullying behaviour)
- Seek parental and peer support in addressing and preventing bullying behaviours at Murrumbeena Primary School

When responding to bullying behaviour, Murrumbeena Primary School aims to:

- Be proportionate, consistent and responsive
- Find a constructive solution for all involved parties
- Prevent the bullying from recurring
- Restore the relationships between the students involved.

Murrumbeena Primary School acknowledges that school staff owe a duty of care to students to take reasonable steps to reduce the risk of reasonably foreseeable harm, which include harm that may be caused by bullying behaviour.

SCOPE

This policy addresses how Murrumbeena Primary School aims to prevent, address and respond to student bullying behaviour. Murrumbeena Primary School recognises that there are many other types of inappropriate student behaviours that do not meet the definition of bullying which are also unacceptable at our school.

These other inappropriate behaviours will be managed in conjunction with our school's Student Wellbeing and Engagement Policy, Duty of Care Policy and Statement of Values and School Philosophy.

WHAT IS BULLYING?

DEFINITIONS

Bullying

In 2018 the Education Council of the Council of Australian Governments endorsed the following definition of bullying for use by all Australian schools:

Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical and/or social behaviour that intends to cause physical, social and/or psychological harm. It can involve an individual or a group misusing their power, or perceived power, over one or more persons who feel unable to stop it from happening.

Bullying can happen in person or online, via various digital platforms and devices and it can be obvious (overt) or hidden (covert). Bullying behaviour is repeated, or has the potential to be repeated, over time (for example, through sharing of digital records)

Bullying of any form or for any reason can have immediate, medium and long-term effects on those involved, including bystanders. Single incidents and conflict or fights between equals, whether in person or online, are not defined as bullying.

Bullying has three main features:

- It involves a misuse of power in a relationship;
- It is ongoing and repeated; and
- It involves behaviours that can cause harm.

Bullying can be:

Bullying may be direct or indirect, physical or verbal, and includes cyberbullying. Bullying is not a one-off disagreement between two or more people or a situation of mutual dislike.

Bullying can be:

1. *direct* physical bullying – e.g. hitting, tripping, and pushing or damaging property.
2. *direct* verbal bullying – e.g. name calling, insults, homophobic or racist remarks, verbal abuse.
3. *indirect* bullying – e.g. spreading rumours, playing nasty jokes to embarrass and humiliate, mimicking, encouraging others to socially exclude a person and/or damaging a person's social reputation or social acceptance.

Cyberbullying is direct or indirect bullying behaviours using digital technology. For example, via a mobile device, computer, chat room, email, social media, etc. It can be text, images, video and/or audio.

Other distressing and inappropriate behaviours

Many distressing and inappropriate behaviours may not constitute bullying even though they are unpleasant. Students who are involved in or who witness any distressing and inappropriate behaviours should report their concerns to school staff and our school will follow the Student Wellbeing and Engagement Policy and Code of Conduct.

Mutual conflict involves an argument or disagreement between people with no imbalance of power. In incidents of mutual conflict, generally, both parties are upset and usually both want a resolution to the issue. Unresolved mutual conflict can develop into bullying if one of the parties targets the other repeatedly in retaliation.

Social rejection or dislike is not bullying unless it involves deliberate and repeated attempts to cause distress, exclude or create dislike by others.

Single-episode acts of nastiness or physical aggression are not the same as bullying. However, single episodes of nastiness or physical aggression are not acceptable behaviours at our school and may have serious consequences for students engaging in this behaviour. Murrumbeena Primary School will use its Student Wellbeing and Engagement Policy to guide a response to single episodes of nastiness or physical aggression.

Harassment is language or actions that are demeaning, offensive or intimidating to a person. It can take many forms, including sexual harassment and disability harassment. Further information about these two forms of harassment, including definitions, is set out in our Inclusion and Diversity Policy. Harassment of any kind will not be tolerated at Murrumbeena Primary School and may have serious consequences for students engaging in this behaviour. Murrumbeena Primary School will use its Student Wellbeing and Engagement Policy to guide a response to students demonstrating harassing behaviour, unless the behaviour also constitutes bullying, in which case the behaviour will be managed in accordance with this Bullying Prevention Policy.

BULLYING PREVENTION

Murrumbeena Primary School has a number of programs and strategies in place to build a positive and inclusive school culture. We strive to foster a school culture that prevents bullying behaviour by modelling and encouraging behaviour that demonstrates the school values of respect, resilience, responsibility and building positive relationships.

Bullying prevention at Murrumbeena Primary School is proactive and is supported by research that indicates that a whole school, multifaceted approach is the most effective way to prevent and address bullying. At our school:

- We have a positive school environment that provides safety, security and support for students and promotes positive relationships and wellbeing.
- We strive to build strong partnerships between the school, families and the broader community that means all members work together to ensure the safety of students.
- Teachers are encouraged to incorporate classroom management strategies that discourage bullying and promote positive behaviour.
- A range of year level incursions and programs are planned for each year to raise awareness about bullying and its impacts.
- In the classroom, our social and emotional learning curriculum teaches students what constitutes bullying and how to respond to bullying behaviour assertively. This promotes resilience, assertiveness, conflict resolution and problem solving.
- The Peer Support Program and the Peer Mediation program encourage positive relationships between students in different year levels. We seek to empower students to be confident communicators and to resolve conflict in a non-aggressive and constructive way.
- Students are encouraged to look out for each other and to talk to teachers and older peers about any bullying they have experienced or witnessed.
- We participate in the National Day of Action against Bullying and Violence.

For further information about our engagement and wellbeing initiatives, please see our Student Wellbeing and Engagement policy.

INCIDENT RESPONSE

Reporting Concerns to Murrumbeena Primary School

Bullying complaints will be taken seriously and responded to sensitively at our school.

Students who may be experiencing bullying behaviour, or students who have witnessed bullying behaviour, are encouraged to report their concerns to school staff as soon as possible.

Our ability to effectively reduce and eliminate bullying behaviour is greatly affected by students and/or parents and carers reporting concerning behaviour as soon as possible, so that the responses implemented by Murrumbeena Primary School are timely and appropriate in the circumstances.

We encourage students to speak to the classroom teacher, yard duty teacher, Assistant Principal and Principal. Students are welcome to discuss their concerns with any trusted member of staff including other teachers and wellbeing staff.

Parents or carers who develop concerns that their child is involved in, or has witnessed, bullying behaviour at Murrumbeena Primary School should contact the Student Wellbeing Coordinator, Rochellee Plumb or school Principal Lynne Foster, by phone on 9568 1300 or by email directed to plumb.rochellee.n@edumail.vic.gov.au or foster.lynne.m@edumail.vic.gov.au.

INVESTIGATIONS

When notified of alleged bullying behaviour, school staff are required to:

1. record the details of the allegations in either the yard duty folder or Compass; and
2. inform the Principal Class - the Wellbeing Coordinator, Assistant Principal, and/or the school Principal.

The Principal Class are responsible for investigating allegations of bullying in a timely and sensitive manner. To appropriately investigate an allegation of bullying, they may:

- speak to those involved in the allegations, including the target/s, the students allegedly engaging in bullying behaviour/s and any witnesses to the incidents;
- speak to the parents of the students involved;
- speak to the teachers of the students involved;
- take detailed notes of all discussions for future reference; and
- obtain written statements from all or any of the above.

All communications with the Principal Class in the course of investigating an allegation of bullying will be managed sensitively. Investigations will be completed as quickly as possible to allow for the behaviours to be addressed in a timely manner.

The objective of completing a thorough investigation into the circumstances of alleged bullying behaviour is to determine the nature of the conduct and the students involved. A thorough understanding of the alleged bullying will inform staff about how to most effectively implement an appropriate response to that behaviour.

Serious bullying, including serious cyberbullying, is a criminal offence and may be referred to Victoria Police. For more information, see: [Brodie's Law](#).

RESPONSES TO BULLYING BEHAVIOURS

When the Principal Class has sufficient information to understand the circumstances of the alleged bullying and the students involved, a number of strategies may be implemented to address the behaviour and support affected students in consultation with class teachers, SSS (Student Support Services), Department of Education and Training.

There are a number of factors that will be considered when determining the most appropriate response to the behaviour. When making a decision about how to respond to bullying behaviour, Murrumbena Primary School will consider:

- the age and maturity of the students involved;
- the severity and frequency of the bullying, and the impact it has had on the target student/s;
- whether the student/s engaging in bullying behaviour have displayed similar behaviour before;
- whether the bullying took place in a group or one-to-one context;
- whether the students engaging in bullying behaviour demonstrates insight or remorse for their behaviour; and
- the alleged motive of the behaviour, including any element of provocation.

Principal Class may implement all, or some of the following responses to bullying behaviours:

- Offer counselling support to the target student or students, including referral to the SSS and/or external provider;
- Offer counselling support to the students engaging in bullying behaviour, including referral to the SSS and/or external provider;
- Offer counselling support to affected students, including witnesses and/or friends of the target student, including referral to the SSS and/or external provider;
- Facilitate a restorative practice meeting with all or some of the students involved. The objective of restorative practice is to repair relationships that have been damaged by bringing about a sense of remorse and restorative action on the part of the person who has bullied someone and forgiveness by the person who has been bullied (Reflection Room);
- Facilitate a mediation between some or all of the students involved to encourage students to take responsibility for their behaviour and explore underlying reasons for conflict or grievance. Mediation is only suitable if all students are involved voluntarily and demonstrate a willingness to engage in the mediation process;
- Facilitate a Student Support Group meeting and/or Behaviour Support Plan for affected students;
- Prepare an Individual Behaviour Management Plan restricting contact between target and students engaging in bullying behaviour;
- Provide discussion and/or mentoring for different social and emotional learning competencies of the students involved, including providing restorative practices, to connect with affected students;
- Monitor the behaviour of the students involved for an appropriate time and take follow up action if necessary;
- Implement year group targeted strategies to reinforce positive behaviours; and
- Implement disciplinary consequences for the students engaging in bullying behaviour, which may include removal of privileges, detention, suspension and/or expulsion consistent with our Student Wellbeing and Engagement policy, the Ministerial Order on Suspensions and Expulsions and any other relevant Department policy.

Murrumbeena Primary School understands the importance of monitoring and following up on the progress of students who have been involved in or affected by bullying behaviour. Where appropriate, school staff will also endeavour to provide parents and carers with updates on the management of bullying incidents. The Assistant Principal is responsible for maintaining up to date records of the investigation of and responses to bullying behaviour.

Further information and resources

This policy should be read in conjunction with the following school policies:

- Statement of Values and School Philosophy
- Student Wellbeing and Engagement Policy
- Parent Complaints policy
- Duty of Care Policy
- Inclusion and Diversity Policy

The following websites and resources provide useful information on prevention and responding to bullying, as well as supporting students who have been the target of bullying behaviours:

- [Bully Stoppers](#)
- [Kids Helpline](#)
- [Lifeline](#)
- [Bullying. No way!](#)
- [Student Wellbeing Hub](#)
- [Office of the eSafety Commissioner](#)
- [Australian Student Wellbeing Framework](#)

EVALUATION

This policy will be reviewed every 2 years or earlier as required, following analysis of school data on reported incidents of, and responses to, bullying to ensure that the policy remains up to date, practical and effective.

Data will be collected through any of the following:

- discussion and consultation with students and parent/carers;
- regular student bullying surveys;
- regular staff surveys;
- [Bully Stoppers Data Collection](#) tool;
- assessment of other school-based data, including the number of reported incidents of bullying in each year group and the effectiveness of the responses implemented;
- Attitudes to School Survey; and
- [Parent Opinion Survey](#)

APPENDIX 1

WHAT YOU SHOULD DO IF YOU ARE BEING BULLIED

At Murrumbeena Primary School we aim to appropriately support all students with bullying concerns.

If students are being bullied, it is important that they talk to an adult who is in a position to help. Teachers remind students regularly of the need to speak to yard duty or classroom teachers about problems they are having, as soon as the problem becomes uncomfortable, so that immediate action can be taken.

If you are being bullied at Murrumbeena Primary School, you are encouraged to do the “RITER” thing:

R= RECOGNISE

Recognise the unwanted behaviour

I= INFORM

Tell the person you would like them to stop. Do this in a polite way

T= TELL

If the behaviour continues, tell a responsible adult (teacher/trusted adult)

E= EVALUATE

Evaluate and acknowledge if the unwanted behaviour has stopped

R= REPORT

If there is not an improvement, report again

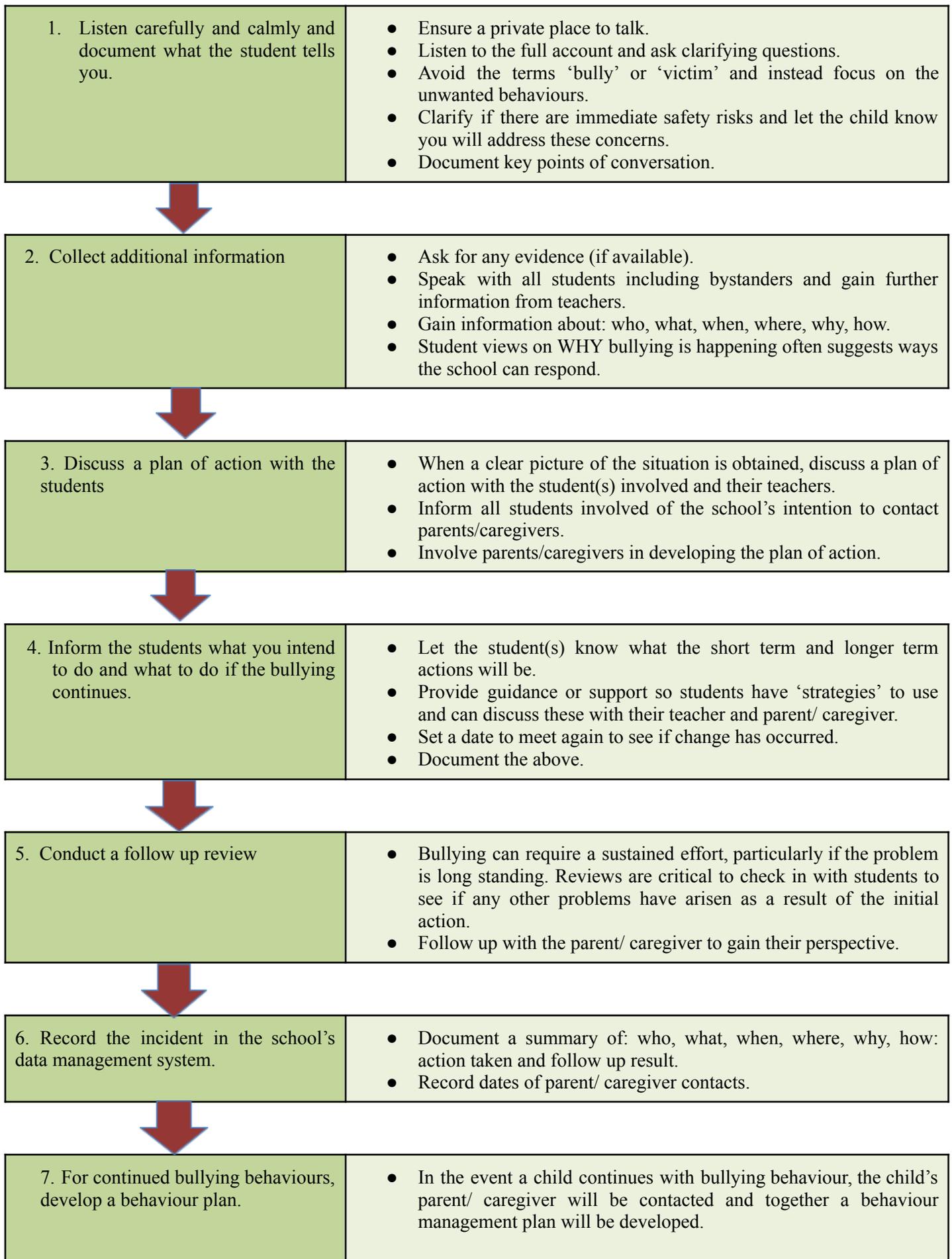
When experiencing unwanted behaviours that are targeted, it is important to try not to get angry and/or copy the behaviour.

Termly ‘Bullying Surveys’

There is a reluctance to report bullying due to the fear of being labelled a ‘dobber’. The fear of not wanting to report bullying because it can make matters worse, is also an understandable fear held by many. For this reason, students from years 3 to 6 will be asked to complete a ‘Bullying Survey’ each term. This allows students the opportunity to confidentially report issues that have been causing worry and reporting the name/s of students causing the problems. It also lets the child with bullying behaviours know that the behaviour will be reported.

APPENDIX 2

HOW THE SCHOOL WILL RESPOND TO REPORTS OF BULLYING



Proposed amendments to this policy will be discussed with the Junior School Council, parents and the Education Committee of School Council.

REVIEW CYCLE

This policy will be reviewed every 2 years and was last updated in July 2019. It is scheduled for review in July 2021.